



Helping Families Find Child Care

3301C Route 66  
PO Box 1234  
Neptune NJ 07754-1234

**Save the Date for the  
Annual  
Child Care Resources  
Conference**

**“Leave No Child Indoors –  
Nature in the Lives  
of Young Children”**

With Jim Greenman,  
Early Childhood Author and Advocate  
**Saturday, October 18, 2008**  
**9:00 am - 2:30 pm**  
**Brookdale Community College**  
For More Information  
Call 732-918-9901 x 133

Nonprofit Org  
US Postage  
PAID  
Neptune NJ 07753  
Permit No. 153

# PROFESSIONAL DEVELOPMENT

September 2008 through February 2009

**Child Care Resources** works to assist those employed in the field of early childhood because we know that knowledgeable staff is essential to quality child care and education. These workshops promote and enhance professional development through stimulating and interactive programs, designed for:

- Individuals who are working towards a Child Development Associate (CDA) or CCP credential.
- Child Care Center Staff and registered Family Child Care Providers.
- Teachers working in Monmouth County school districts.

### Site Location

Child Care Resources  
3301C State Route 66  
Neptune, NJ

### Registration Information

If you have any questions, please call  
Jeremy Makely at (732) 918-9901 x 133

### \*To Register

Mail registration form and payment to:  
Child Care Resources - Attn: #133  
PO Box 1234  
Neptune, NJ 07754

\*You will receive a registration confirmation and general directions approximately 2 weeks before each scheduled workshop.

\*PLEASE NOTE: Workshop fees are non-refundable. Please be considerate and CALL if you are unable to attend. This will allow someone else to attend. Credit may be applied towards another workshop if notice is given within 24 hours. Limit: 5 staff members per employer per workshop.

### Instructors' Credentials

**Marjorie Bafaty:**

*BIMR Coordinator, RPCMOC*

**Winnie Coleman:**

*RN, Bridgeport Hospital School of Nursing;  
BSN, Monmouth University*

**Judi Connor:**

*RN, BSN, Child Care Health Consultant Coordinator*

**Angie DeFazio:**

*BA, Early Childhood Education & Psychology, Kean University*

**Patricia Dunphy:**

*BA, Certified Yoga Instructor, Brahma Yoga Center*

**James Goodger:**

*Physical Education Teacher, Montclair Community Pre-K*

**Karen Kirton:**

*MSW, Monmouth University*

**Gail Lazarus:**

*MA, Early Childhood Education, Kean University*

**Diana Meade:**

*ASL Instructor, Marie H. Katzenbach School for the Deaf*

**Judi Pack:**

*MA, Early Childhood Education, Kean University*

**Eve Robinson:**

*MS Ed. Executive Director, Montclair Community Pre-K*

**Joey Tivenan-Mackintosh:**

*MA, Early Childhood Education, Kean University*

**Anne Williams:**

*RN/BSN Postpartum Depression Nurse Educator, RPCMOC*

**CITE** is the Coalition of Infant and Toddler Educators. This organization advocates for infants and toddlers, provides trainings for child care workers, and collaborates with colleagues and professionals. [www.njcite.org](http://www.njcite.org)

**SPAN** is the Statewide Parent Advocacy Network. Their mission is to empower families and inform and involve professionals interested in the healthy development and educational rights of children. Through this collaboration, all children will become fully participating and contributing members of our communities and society. [www.spannj.org](http://www.spannj.org)

# PROFESSIONAL DEVELOPMENT

September 2008 through February 2009



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**Please share  
your thoughts  
and ideas with us!**

**info@ccrnj.org  
www.ccrnj.org**



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732-918-9901 info@ccrnj.org www.ccrnj.org



# WORKSHOPS

All Workshops are held from 6:30 pm to 8:30 pm unless otherwise indicated

## Physical Development Enhancers Through the Use of Play/Fantasy Thursday, September 4, 2008

Child Care Resources, Neptune  
CDA Content Area: 2  
Focus Age Group: 3 through 6 years  
James Goodger, Instructor

Children have a vivid imagination and it is that which creates a "total" experience. The main idea is to present a skill that you would like to teach in an imaginative way. You are almost "disguising" the teaching element by making the children become characters in your story. Teamwork and individual skill development combine to create an achievement for the entire group.

## Basic American Sign Language for Toddlers Wednesday, September 10, 2008

Child Care Resources, Neptune  
CDA Content Area: 2  
Focus Age Group: 18 months through 3 years  
Diana Meade, Instructor

Diana will explain American Sign Language and cover the signs used to communicate with toddlers on a daily basis. A voice interpreter will be present in the class.

## Parent Communication & Special Needs Wednesday, September 24, 2008

Child Care Resources, Neptune  
CDA Content Areas: 3, 4  
Focus Age Group: All Ages  
Joey Tivenan-Mackintosh, Instructor

This workshop will help staff discuss, with parents, potential red flag issues with children. A step by step guide will be covered and suggestions discussed. This is an important workshop for all staff that would like to be comfortable with planning parent conferences and sharing resources.

## Yoga for Children with De-stressing for Providers Wednesday, October 1, 2008

Child Care Resources, Neptune  
CDA Content Areas: 1, 2, 3  
Focus Age Group: 3 through 6 years  
Pat Dunphy, Instructor

Yoga, creative movement and music stimulate young minds and bodies along the paths of all of the intelligences. Children experience spatial and temporal concepts through movement in new and fun ways. They gain social awareness in a safe and supportive group environment with ample opportunity for success. Most importantly, children gain a wonderful medium through which they can begin to focus and self-regulate emotionally. The last part of this workshop will focus on relaxation techniques for providers.

Please dress comfortably and bring a mat or towel.

## ADHD Thursday, October 16, 2008

Child Care Resources, Neptune  
CDA Content Area: 3  
Focus Age Group: All Ages  
Gail Lazarus, Instructor

Presented by SPAN. Learn about ADHD and how it impacts children, their families and teachers. Become more knowledgeable about what it is and why it affects boys more than girls. A discussion of the difference between hyperactivity and impulsivity will also take place.

## Postpartum Depression/ Black Infant Mortality Rate Tuesday, October 21, 2008

Child Care Resources, Neptune  
CDA Content Area: 4  
Focus Age Group: All Ages  
Anne Williams & Marjorie Bafaty, Instructors

Presented by the Regional Perinatal Consortium of Monmouth County, this workshop will focus on recognizing the signs and symptoms for Postpartum Depression, understanding the effects of that PPD has on the mother, infant, family, and friends, and identifying and assessing the appropriate referral resources.

Also, Research shows that regardless of a mother's age, education, income, or marriage status, a black infant is more than two times as likely to die in the first year of life as a white infant. Join us for an informative discussion on this subject.

**This workshop is free of charge.**

## Beyond Blocks & Trash: Woodworking and 3-D Collages Wednesday, November 5, 2008

Child Care Resources, Neptune  
CDA Content Areas: 2, 3  
Focus Age Group: 3 & Up  
Angie DeFazio, Instructor

Woodworking is a creative process for children in which they work experimentally. The child builds self-esteem through competence. All traditional curriculum areas reading, language arts, writing, math, social studies, science, art are an integral part of the learning-by-doing experiences of woodworking. This workshop explores the use of recycled materials to make 3-dimensional creative projects and setting up the beginning stages of a wood working area in your classroom.

## Winter Explorations Wednesday, November 12, 2008

Child Care Resources, Neptune  
CDA Content Areas: 2, 3  
Focus Age Group: 3 through 6 years  
Judi Pack, Instructor

Button up your overcoat and prepare yourself for winter with young children! Although winter can seem cold and gloomy, it can provide opportunities and possibilities that abound. This workshop will focus on thinking about winter and exploring ways to take advantage of its attributes.

## How to Help Children with Conflict Resolution Tuesday, December 9, 2008

Child Care Resources, Neptune  
CDA Content Area: 3  
Focus Age Group: 3 through 6 years  
Winnie Coleman, Instructor

Learn ways to help children resolve conflict and deal with their angry feelings. This may include learning that it is okay to be angry. We will discuss anger management and how to resolve our conflicts with others.

## Autism Thursday, December 11, 2008

Child Care Resources, Neptune  
CDA Content Areas: 2, 3  
Focus Age Group: All Ages  
Gail Lazarus, Instructor

Presented by SPAN. Autism presents itself in many different ways. You will learn what to look for on the Autism continuum and how to talk to parents about it. A discussion of environmental structuring and how it helps lessen certain behaviors will also be presented. Participants will leave with their own "little bag of techniques" to use with these most interesting children.

## For Owners Thursday, January 8, 2009

Child Care Resources, Neptune  
CDA Content Areas: 4, 5, 6  
Focus Age Group: All Ages  
Judi Pack, Instructor

Owners of child care centers are usually left out of professional development workshops and seminars. Child Care Resources would like to change that. Join us to discuss what makes for a high quality center and relationships that make life at the center better for everyone. Bring your ideas and questions.

## Do We Play a Part in a Child's Self-Confidence? Tuesday, January 13, 2009

Child Care Resources, Neptune  
CDA Content Area: 3  
Focus Age Group: 2 through 5 years  
Winnie Coleman, Instructor

Self confidence is important in all aspects of one's life. Let's learn how to build confidence and positive self esteem in the children in our care. We will talk about positive ways to praise and encourage children. Activities that will build self confidence will be discussed. Bring your ideas.

## Balancing the Many Needs of Parents, Children, Teachers and the State Tuesday, January 27, 2009

Child Care Resources, Neptune  
CDA Content Area: 4, 5, 6  
Focus Age Group: All Ages  
Eve Robinson, Instructor

This workshop will give child care supervisors and administrators the opportunity to reflect on the competing stressors they face each day. Emphasis will be on strategizing for meeting mandates and needs of your center while taking care of yourself as well.

## Asthma Friendly Child Care Wednesday, February 4, 2009

Child Care Resources, Neptune  
CDA Content Area: 1  
Focus Age Group: All Ages  
Judi Connor, Instructor

The number of children with asthma continues to rise. There is much that child care providers need to know. Come brainstorm strategies for reducing asthma triggers in your child care setting - thus creating a healthier environment for all.

## Where Do the Children Play? Wednesday, February 11, 2009

Child Care Resources, Neptune  
CDA Content Areas: 2, 3  
Focus Age Group: All Ages  
Judi Pack, Instructor

Join us to view the PBS documentary, "Where Do the Children Play?" This film addresses the growing concern over the lack of unstructured play and nature in the lives of children. It is a thought-provoking film that is likely to evoke questions, comments and lots of good discussion.

## Developing a Professional Portfolio Tuesday, February 17, 2009

Child Care Resources, Neptune  
CDA Content Areas: 5, 6  
Focus Age Group: All Ages  
Angie DeFazio, Instructor

Teachers, would you like to present your professional abilities and accomplishments to others? Directors, would you like a tool that helps make staff evaluations more of a documented partnership with staff? Or, perhaps a tool that helps you market to prospective parents? This workshop will present ways to demonstrate and articulate yourself as an early childhood educator, from paper to innovative technological means, through a professional portfolio. Please bring a 3-ringed binder and some of your personal accomplishments.

## Inclusion Wednesday, February 25, 2009

Child Care Resources, Neptune  
CDA Content Areas: 3, 5  
Focus Age Group: All Ages  
Judi Connor & Karen Kirton, Instructors

Presented by SPAN. This workshop will give a brief overview of New Jersey laws regarding inclusion, discuss attitudes and benefits of inclusion, and enhance participant's knowledge of developmental benchmarks, red flags and resources available for families of children with special needs.

## Pediatric Heartsaver CPR and Basic First Aid Combined

Wednesday, October 29, 2008  
Child Care Resource Center, Neptune  
Time: 6:30 pm to 9:30 pm  
CDA Content Areas: 1, 6  
Focus Age Group: All Ages

Jersey Shore Medical Center, Instructors  
Participants will learn child and infant CPR techniques, relief of obstructed airway in the responsive victim, use of barrier devices, and prevention of common injuries associated with pediatric medical emergencies. Participants will be trained in the immediate care needed for an injured or seriously ill child. This basic program will concentrate on the first five minutes of care, what to do and how to do it. Textbook and completion course card included.

## Pediatric Heartsaver CPR and Basic First Aid Combined

Wednesday, December 10, 2008  
Child Care Resource Center, Neptune  
Time: 6:30 pm to 9:30 pm  
CDA Content Areas: 1, 6  
Focus Age Group: All Ages

Jersey Shore Medical Center, Instructors  
Participants will learn child and infant CPR techniques, relief of obstructed airway in the responsive victim, use of barrier devices, and prevention of common injuries associated with pediatric medical emergencies. Participants will be trained in the immediate care needed for an injured or seriously ill child. This basic program will concentrate on the first five minutes of care, what to do and how to do it. Textbook and completion course card included.

## CITE WORKSHOPS

These workshops are designed for those working with infants and toddlers. They will be presented by CITE- The Coalition of Infant and Toddler Educators. The Cost is \$10.00 for non Cite members.

## The Happiest Baby in Childcare Wednesday, October 15, 2008

Child Care Resources, Neptune  
CDA Content Area: 2, 3  
Focus Age Group: 0 through 12 months  
Winnie Coleman & Judi Connor, Instructors

This workshop will focus in on the wisdom and tools needed to provide the care that results in the happiest baby and is based on Harvey Karp's theories.

## The Happiest Toddler in Childcare Tuesday, November 11, 2008

Child Care Resources, Neptune  
CDA Content Area: 2, 3  
Focus Age Group: 1 through 3 years  
Winnie Coleman & Judi Connor, Instructors

This is a workshop that will discuss the tools and techniques to use when caring for toddlers. Learn toddlers' secret language, how to talk with them, how to handle a tantrum, about toys that are specifically for toddlers and more.

## REGISTRATION FORM

Space is limited; as workshops close they will be listed on our website. Please call Jeremy Makely at (732) 918-9901 x 133 or visit our website [www.ccrnj.org](http://www.ccrnj.org) prior to registration to check availability.

**Please indicate which workshops you will be attending. Workshop Fees are \$10.00 unless otherwise indicated.**

- |   |  |
|---|--|
| <input type="checkbox"/> 9/4/2008 Physical Development Enhancers                      | <input type="checkbox"/> 1/8/2009 For Owners   |
| <input type="checkbox"/> 9/10/2008 Basic American Sign Language                       | <input type="checkbox"/> 1/13/2009 Do We Play a Part in a Child's Self-Confidence?                       |
| <input type="checkbox"/> 9/24/2008 Parent Communication and Special Needs             | <input type="checkbox"/> 1/27/2009 Balancing the Many Needs of Parents, Children, Teachers and the State |
| <input type="checkbox"/> 10/1/2008 Yoga for Children                                  | <input type="checkbox"/> 2/4/2009 Asthma Friendly Child Care   |
| <input type="checkbox"/> 10/15/2008 The Happiest Baby in Childcare                    | <input type="checkbox"/> 2/11/2009 Where Do the Children Play  |
| <input type="checkbox"/> 10/16/2008 ADHD  | <input type="checkbox"/> 2/17/2009 Developing a Professional Portfolio                                   |
| <input type="checkbox"/> 10/21/2008 Postpartum Depression/Black Infant Mortality Rate | <input type="checkbox"/> 2/25/2009 Inclusion   |
| <input type="checkbox"/> 11/5/2008 Beyond Blocks & Trash                              | <b>COMBINED CPR/FIRST AID \$55.00 PER CLASS</b>  |
| <input type="checkbox"/> 11/11/2008 The Happiest Toddler in Childcare                 | <input type="checkbox"/> 10/29/08 CPR/FIRST AID  |
| <input type="checkbox"/> 11/12/2008 Winter Explorations                               | <input type="checkbox"/> 12/10/08 CPR/FIRST AID  |
| <input type="checkbox"/> 12/9/2008 How to Help Children with Conflict Resolution      |  |
| <input type="checkbox"/> 12/11/2008 Autism  |  |

Total Workshop Fee \$ \_\_\_\_\_

**Make checks payable to: Child Care Resources  
Mail to: Child Care Resources, #133, PO Box 1234, Neptune, NJ 07754**

Name of Person Attending Workshops: \_\_\_\_\_

Name of Center/Facility: \_\_\_\_\_

Daytime Phone #: \_\_\_\_\_ Age Group you care for: \_\_\_\_\_

Home Address: \_\_\_\_\_

Home Phone #: \_\_\_\_\_ Email Address: \_\_\_\_\_